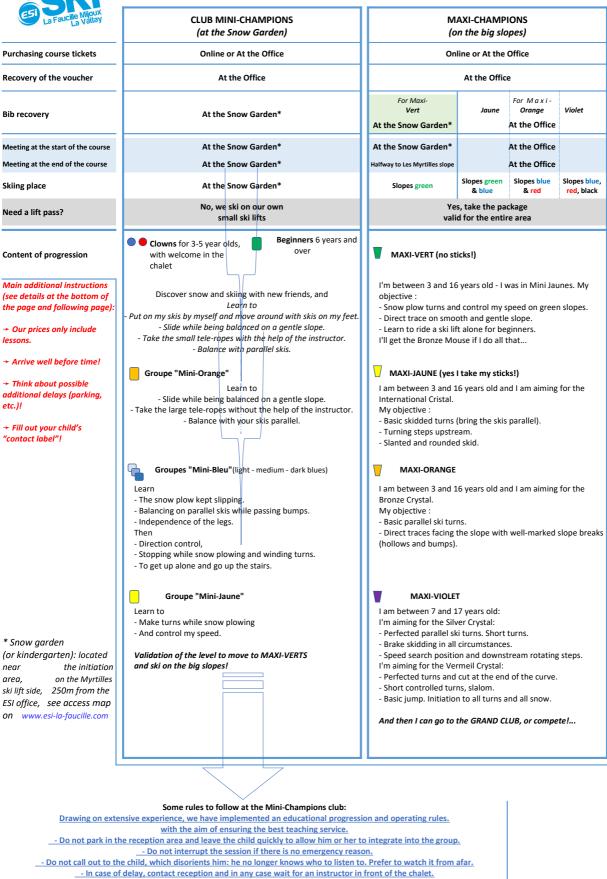


PRESENTATION OF THE WELCOME OF CHILDREN AND THE ACHIEVEMENTS ACCORDING TO THE LEVELS



- Do not cross the grounds on foot, not send your child alone to join their group.

_- Do not call your child before the end of the lesson, wait for the instructor to bring his group back to the reception area.

ADVICE AND GENERAL INSTRUCTIONS for good organization for everyone (continued on next page)



ADVICE AND GENERAL INSTRUCTIONS for good organization of all (continued)

Course prices do not include equipment, ski lifts (outside the snow garden), insurance or rescue costs. However, the ski lifts are free for children under 5 years old. You must obtain the free pass at the ski lift ticket office.

IMPORTANT: Arrive well before time!

For the smooth running of lessons and the safety of children:

- It is imperative that parents be punctual.

- Arrive 10 minutes before the start of the course and 10 minutes before the end of the course, at the meeting point.

Think about possible delays (especially sunny weekends, busy days, etc.) to park your vehicle, rent the equipment, go to the ESI office and if necessary go to the checkouts to collect your ski pass (consider purchasing in line). Clown groups: classes start 10 minutes after the other groups and end 10 minutes before.

Wearing a helmet is strongly recommended. As well as glasses or masks adapted to the weather conditions and level.

<u>Contact label</u>: all students must keep in an outside pocket of their anorak a small card mentioning their last name, first name, level and mobile phone number of parents and/or people to contact if necessary. For this purpose, a cardboard label to be filled in during registration can be collected on our website.

MEDALS - TEACHING CONTENT - COURSE LEVEL BENCHMARKS

I will have the medal	I will acquire the gestures	I register in	I will ski
Snowman	 Walking and moving on the balanced flat. First slips. 	Club Mini-Champions	In the snow garden
Green Mouse	- Snow plow. - Autonomous on the flat (fall and get up). - Autonomous on the snow wire or treadmill.		
Bronze Mouse	 - Initial direct trace (direct trace on gentle slope with natural stop). - Introduction to the use of ski lifts. - Winding snow plow. 	Maxi-Verts (Green)	
Cristal International	- Elementary turn. - Elementary direct trace (facing the slope with slight change in slope). - Direct crossing trace. - Controlled stair climb.	Maxi-Jaunes (Yellow)	
Bronze International	- Elementary bias skidding. - Basic upstream turning step. - Elemental skidded turn.	Maxi-Oranges (Orange)	On the big slopes
Silver International	 Basic turn. Direct basic trace (facing the slope and crossing with a marked break in the slope). Basic rounded skid (directional skid effect). Basic skater ski (on the flat). 	Maxi-Violets (Purple)	
Silver-gilt International	 Perfected cornering (with directional skidding effect). Brake skidding. Turn downstream (on low to medium slope). 		
Gold International	 Perfected cornering (with cut directional effect). Basic jump (with slight takeoff). Perfected rounded skid (with coupe concept). 	Maxi-Bleus (Blue)	
Diamond International	 Expert turning (same as perfected turning on all terrains). Expert sculls (short radius expert turning scull/permanent cut effect). Carving turn (very looped trajectory). 		

Access to the OFFICE and the MINI-CHAMPIONS CLUB (Snow Garden)

