

	CLUB MINI-CHAMPIONS (at the Snow Garden)	MAXI-CHAMPIONS (on the big slopes)								
Purchasing course tickets	Online or At the Office	Online or At the Office								
Recovery of the voucher	At the Office	At the Office								
Bib recovery	At the Snow Garden*	<table border="1"> <tr> <td>For Maxi-Vert</td> <td>Jaune</td> <td>For Maxi-Orange</td> <td>Violet</td> </tr> <tr> <td>At the Snow Garden*</td> <td></td> <td>At the Office</td> <td></td> </tr> </table>	For Maxi-Vert	Jaune	For Maxi-Orange	Violet	At the Snow Garden*		At the Office	
For Maxi-Vert	Jaune	For Maxi-Orange	Violet							
At the Snow Garden*		At the Office								
Meeting at the start of the course	At the Snow Garden*	At the Office								
Meeting at the end of the course	At the Snow Garden*	At the Office								
Skiing place	At the Snow Garden*	<table border="1"> <tr> <td>Halfway to Les Myrtilles slope</td> <td></td> <td>At the Office</td> <td></td> </tr> <tr> <td>Slopes green</td> <td>Slopes green & blue</td> <td>Slopes blue & red</td> <td>Slopes blue, red, black</td> </tr> </table>	Halfway to Les Myrtilles slope		At the Office		Slopes green	Slopes green & blue	Slopes blue & red	Slopes blue, red, black
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Need a lift pass?	No, we ski on our own small ski lifts	Yes, take the package valid for the entire area								
Content of progression	<p>Clowns for 3-5 year olds, with welcome in the chalet</p> <p>Beginners 6 years and over</p> <p>Discover snow and skiing with new friends, and <i>Learn to</i></p> <ul style="list-style-type: none"> - Put on my skis by myself and move around with skis on my feet. - Slide while being balanced on a gentle slope. - Take the small tele-ropes with the help of the instructor. - Balance with parallel skis. <p>Groupe "Mini-Orange"</p> <p><i>Learn to</i></p> <ul style="list-style-type: none"> - Slide while being balanced on a gentle slope. - Take the large tele-ropes without the help of the instructor. - Balance with your skis parallel. <p>Groupes "Mini-Bleu" (light - medium - dark blues)</p> <p><i>Learn</i></p> <ul style="list-style-type: none"> - The snow plow kept slipping. - Balancing on parallel skis while passing bumps. - Independence of the legs. <p><i>Then</i></p> <ul style="list-style-type: none"> - Direction control, - Stopping while snow plowing and winding turns. - To get up alone and go up the stairs. <p>Groupe "Mini-Jaune"</p> <p><i>Learn to</i></p> <ul style="list-style-type: none"> - Make turns while snow plowing - And control my speed. <p>Validation of the level to move to MAXI-VERTS and ski on the big slopes!</p>	<p>MAXI-VERT (no sticks!)</p> <p>I'm between 3 and 16 years old - I was in Mini Jaunes. My objective :</p> <ul style="list-style-type: none"> - Snow plow turns and control my speed on green slopes. - Direct trace on smooth and gentle slope. - Learn to ride a ski lift alone for beginners. <p>I'll get the Bronze Mouse if I do all that...</p> <p>MAXI-JAUNE (yes I take my sticks!)</p> <p>I am between 3 and 16 years old and I am aiming for the International Cristal.</p> <p>My objective :</p> <ul style="list-style-type: none"> - Basic skidded turns (bring the skis parallel). - Turning steps upstream. - Slanted and rounded skid. <p>MAXI-ORANGE</p> <p>I am between 3 and 16 years old and I am aiming for the Bronze Crystal.</p> <p>My objective :</p> <ul style="list-style-type: none"> - Basic parallel ski turns. - Direct traces facing the slope with well-marked slope breaks (hollows and bumps). <p>MAXI-VIOLET</p> <p>I am between 7 and 17 years old: I'm aiming for the Silver Crystal:</p> <ul style="list-style-type: none"> - Perfected parallel ski turns. Short turns. - Brake skidding in all circumstances. - Speed search position and downstream rotating steps. <p>I'm aiming for the Vermeil Crystal:</p> <ul style="list-style-type: none"> - Perfected turns and cut at the end of the curve. - Short controlled turns, slalom. - Basic jump. Initiation to all turns and all snow. <p>And then I can go to the GRAND CLUB, or compete!...</p>								

Main additional instructions (see details at the bottom of the page and following page):

- Our prices only include lessons.
- Arrive well before time!
- Think about possible additional delays (parking, etc.)!
- Fill out your child's "contact label"!

* Snow garden (or kindergarten): located near the initiation area, on the Myrtilles ski lift side, 250m from the ESI office, see access map on www.esi-la-faucille.com

- Some rules to follow at the Mini-Champions club:**
- Drawing on extensive experience, we have implemented an educational progression and operating rules with the aim of ensuring the best teaching service.
 - Do not park in the reception area and leave the child quickly to allow him or her to integrate into the group.
 - Do not interrupt the session if there is no emergency reason.
 - Do not call out to the child, which disorients him: he no longer knows who to listen to. Prefer to watch it from afar.
 - In case of delay, contact reception and in any case wait for an instructor in front of the chalet.
 - Do not cross the grounds on foot, not send your child alone to join their group.
 - Do not call your child before the end of the lesson, wait for the instructor to bring his group back to the reception area.

Course prices do not include equipment, ski lifts (outside the snow garden), insurance or rescue costs. However, the ski lifts are free for children under 5 years old. You must obtain the free pass at the ski lift ticket office.

IMPORTANT: Arrive well before time!

For the smooth running of lessons and the safety of children:

- It is imperative that parents be punctual.
- Arrive 10 minutes before the start of the course and 10 minutes before the end of the course, at the meeting point.

Think about possible delays (especially sunny weekends, busy days, etc.) to park your vehicle, rent the equipment, go to the ESI office and if necessary go to the checkouts to collect your ski pass (consider purchasing in line).

Clown groups: classes start 10 minutes after the other groups and end 10 minutes before.

Wearing a helmet is strongly recommended. As well as glasses or masks adapted to the weather conditions and level.

Contact label: all students must keep in an outside pocket of their anorak a small card mentioning their last name, first name, level and mobile phone number of parents and/or people to contact if necessary. For this purpose, a cardboard label to be filled in during registration can be collected on our website.

MEDALS - TEACHING CONTENT - COURSE LEVEL BENCHMARKS

I will have the medal...	I will acquire the gestures...	I register in...	I will ski...
Snowman	- Walking and moving on the balanced flat. - First slips.	Club Mini-Champions	In the snow garden
Green Mouse	- Snow plow. - Autonomous on the flat (fall and get up). - Autonomous on the snow wire or treadmill.		
Bronze Mouse	- Initial direct trace (direct trace on gentle slope with natural stop). - Introduction to the use of ski lifts. - Winding snow plow.	Maxi-Verts (Green)	On the big slopes
Cristal International	- Elementary turn. - Elementary direct trace (facing the slope with slight change in slope). - Direct crossing trace. - Controlled stair climb.	Maxi-Jaunes (Yellow)	
Bronze International	- Elementary bias skidding. - Basic upstream turning step. - Elemental skidded turn.	Maxi-Oranges (Orange)	
Silver International	- Basic turn. - Direct basic trace (facing the slope and crossing with a marked break in the slope). - Basic rounded skid (directional skid effect). - Basic skater ski (on the flat).	Maxi-Violetes (Purple)	
Silver-gilt International	- Perfected cornering (with directional skidding effect). - Brake skidding. - Turn downstream (on low to medium slope).		
Gold International	- Perfected cornering (with cut directional effect). - Basic jump (with slight takeoff). - Perfected rounded skid (with coupe concept).	Maxi-Bleus (Blue)	
Diamond International	- Expert turning (same as perfected turning on all terrains). - Expert sculls (short radius expert turning scull/permanent cut effect). - Carving turn (very looped trajectory).		

Access to the OFFICE and the MINI-CHAMPIONS CLUB (Snow Garden)

